

Menu 1

w/c, 19th September, 10th October

	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Sausages, Onion Gravy and Creamed Potatoes	Traditional Chicken Pie with Potato Wedges	Roast Beef with Yorkshire Pudding, Roast Potatoes or Pasta	Chicken Breast with Curry Sauce and Rice	Fish Fingers with Low Fat Chips or Pasta
GREEN	Rich Tomato Bolognese with Pasta Spirals (v)	Vegetarian Stir Fry with Rice (v)	Roast Quorn Fillet, Yorkshire Pudding, Roast Potatoes or Pasta (v)	Macaroni Cheese with Wholemeal Crusty Bread (v)	Cheese and Tomato Pizza with Low Fat Chips or Pasta. Baked Beans and Sweetcorn (v)
BLUE	Cheese Roll	Tuna Roll	Dairylea Roll	Ham Roll	Egg Roll
	Fresh Baked Bread available daily plus a selection of Vegetables and Bowl Salads				
	Oaty Fruit Crumble and Custard	Fresh Fruit Salad with Shortbread Finger	Carrot and Orange Cake with Custard	Biscuit	Fresh Fruit and Mini Chocolate Brownie
	Fresh Fruit, Jelly and Biscuit, Yogurt and Cheese and Biscuits available daily				

Menu 2

w/c 5th September, 26th September, 17th October

	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Chicken Breast with Sticky Sauce and Rice	Fish Fingers with Diced Potatoes	Roast Pork with Apple Sauce, Roast Potatoes or Pasta	Spaghetti Bolognese	Oven Baked Battered Fish Fillet with Low Fat Chips or Pasta
GREEN	Jacket Potato with Cheese or Tuna (v)	Wallace and Gromit BBQ Pasta with Wholemeal Garlic Bread (v)	Cheese and Onion Pasty with Roast Potatoes or Pasta (v)	Quorn Deli Wrap with Potato Wedges (v)	Cheese and Tomato Pizza with Low Fat Chips or Pasta. Baked Beans and Sweetcorn (v)
BLUE	Cheese Roll	Tuna Roll	Dairylea Roll	Ham Roll	Egg Roll
	Fresh Baked Bread available daily plus a selection of Vegetables and Bowl Salads				
	Chocolate Brickwall with Chocolate Sauce	Fresh Fruit and Ice Cream	Strawberry Mousse	Frozen Yoghurt with Fruit	Fresh Fruit and Mini Oat Cookie
	Fresh Fruit, Jelly and Biscuit, Yogurt and Cheese and Biscuits available daily				

Menu 3

w/c, 12th September, 3rd October

	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Pork with Yorkshire Pudding and Potato Wedges	Beef Burger in a Bun with Diced Potatoes	Roast Chicken with Sage and Onion Stuffing, Roast Potatoes or Pasta	Beefy Pasta Bake with Side Salad and Potatoes or Pasta	Oven Baked Battered Fish Fillet with Low Fat Chips or Pasta
GREEN	Cheese and Potato Slice with Potato Wedges (v)	Jacket Potato with Cheese or Tuna (v)	Roast Quorn Fillet with Sage and Onion Stuffing, Roast Potatoes or Pasta (v)	Sausage Hot Dog with Diced Potatoes (v)	Cheese and Tomato Pizza with Low Fat Chips or Pasta, Baked Beans and Sweetcorn (v)
BLUE	Cheese Roll	Tuna Roll	Dairylea Roll	Ham Roll	Egg Roll
	Fresh Baked Bread available daily plus a selection of Vegetables and Bowl Salads				
	Fruit Yoghurt Sponge	Flapjack with Custard	Pancake with Ice Cream	Fruit Trifle	Fresh Fruit and Mini Gingerbread Finger
	Fresh Fruit, Jelly and Biscuit, Yogurt and Cheese and Biscuits available daily				