

# Menu 1

w/c 30<sup>th</sup> October, 20<sup>th</sup> November, 11<sup>th</sup> December, 3<sup>rd</sup> January,  
22<sup>nd</sup> January, 19<sup>th</sup> February, 12<sup>th</sup> March

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>RED</b>	Sweet Chilli Chicken Tortilla with Vegetable Rice	Sausages and Onion Gravy with Creamed Potatoes	Roast Chicken and Stuffing with Roast Potatoes	Beef Bolognese with Pasta	Fish Fingers with Low Fat Chips or Pasta
<b>GREEN</b>	Vegetable Stir Fry with Noodles	Cheesy Pasta Bake	Roast Quorn Fillet with Roast Potatoes or Wholemeal Pasta	Cheese Pinwheel with Potato Wedges	Favourite Pizza with Low Fat Chips or Pasta
<b>JACKET POTATO</b>	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans
<b>BLUE</b>	Cheese Roll	Tuna Roll	Cheese Roll	Ham Roll	Egg Roll
	Fresh Baked Bread available daily plus a selection of Vegetables and Bowl Salads				
	Baked Berry Crumble with Custard	Fresh Fruit Salad with Shortbread Biscuit	Fruit Cheesecake	Steamed Lemon Sponge with Custard	Ice cream
	Fresh Fruit, Jelly and Biscuit, Yogurt and Cheese and Biscuits available daily				

# Menu 2

w/c 6<sup>th</sup> November, 27<sup>th</sup> November, 18<sup>th</sup> December,  
8<sup>th</sup> January, 29<sup>th</sup> January, 26<sup>th</sup> February, 19<sup>th</sup> March

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>RED</b>	Chicken and Tomato Pasta Bake with Side Salad	Burger in a Bun with Potato Wedges	Roast Pork and Apple Sauce with Roast Potatoes	Minced Beef Pie with Creamed Potatoes	Fish Fingers with Low Fat Chips or Pasta
<b>GREEN</b>	Quorn Nuggets with Diced Potatoes	Macaroni Cheese with Garlic Bread	Vegetarian Sausage Roll with Roast Potatoes or Wholemeal Pasta	Italian Pasta Bake	Cheese and Tomato Pizza with Low Fat Chips or Pasta
<b>JACKET POTATO</b>	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans
<b>BLUE</b>	Cheese Roll	Tuna Roll	Cheese Roll	Ham Roll	Egg Roll
	Fresh Baked Bread available daily plus a selection of Vegetables and Bowl Salads				
	Chocolate Brickwall with Sauce	Fresh Fruit Salad with Biscuit	Golden Krispie with Custard	Apple Crumble with Custard	Carrot Cake
	Fresh Fruit, Jelly and Biscuit, Yogurt and Cheese and Biscuits available daily				

## Menu 3

w/c 13<sup>th</sup> November, 4<sup>th</sup> December, 15<sup>th</sup> January,  
5<sup>th</sup> February, 5<sup>th</sup> March, 26<sup>th</sup> March

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>RED</b>	Pork Grills with Tomato Rice	Lasagne with Side Salad	Roast Beef and Yorkshire Pudding with Roast Potatoes	Traditional Chicken Pie with Creamed Potatoes	Bubble coated fish with Low Fat Chips or Wholemeal Pasta
<b>GREEN</b>	Cheese Pinwheel with Potato Wedges	Vegetable Curry with Rice	Vegetarian Wrap with Roast Potatoes or Pasta	Quorn Hot Dog with Potato Wedges	Favourite Pizza with Low Fat Chips or Pasta
<b>JACKET POTATO</b>	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans
<b>BLUE</b>	Cheese Roll	Tuna Roll	Cheese Roll	Ham Roll	Egg Roll
	Fresh Baked Bread available daily plus a selection of Vegetables and Bowl Salads				
	Toffee Sponge with Custard	Fresh Fruit Salad with Biscuit	Strawberry Mousse	Flapjack	Chocolate Cake
	Fresh Fruit, Jelly and Biscuit, Yogurt and Cheese and Biscuits available daily				

Please note: the Blue (cold) option consists of a roll with salad / vegetables and a pudding from the usual selection. Potatoes / pasta will **not** be served with rolls.